

Woody Aths - Cross Country

Week:	Six
Date:	13-Jun-25
Location:	Smythesdale Gardens

The run this week was the Smythesdale Handicap in the Smythesdale Gardens. The senior runners missed an extra loop of the course. As a result the distance and handicaps were modified.

Fastest Times:

U6: Brylee W; u8: Reggie C ; u10: Leroy B; u12: Huon A; u14: Ruby A; u16 Ava A

Junior Handicap Winners:

1st Lacey B, 2nd Ruby S, 3rd Brylee W

Senior Handicap Winners:

1st Ruby A, 2nd Huon A, 3rd Ava A

All results are displayed on our website: <http://woodyathletics.org.au/results/>

All runners go into the chocolate draw, prize donated by the Country Grocer in Smythesdale.

This weeks draw winners was Leory B

Name	Age	Dist	Time	VARs	VARs	VARs	VARs
				Smythes	Lions	4 Ways	Scratch
Brylee W	u6	575	3.23	0.353	0.255	0.45	0.34
Lacey B	u6	575	3.34	0.372	0.36	0.415	0.417
Ollie C	u6	575	3.55	0.409	0.283		
Reggie C	u8	1150	6.06	0.318	0.277	0.306	0.318
Ruby S	u8	1150	6.15	0.326	0.279	0.308	0.323
Clara G	u8	1150	12.32	0.654	0.55	0.616	0.618
Evie Arnell	u8	1150	8.18	0.433		0.4	
Caleb D	u10	1150			0.282	0.276	0.308
Leroy B	u10	1150	5.38	0.294	0.28	0.294	0.285
Aurora W	u10	1150	9.21	0.488	0.541	0.465	0.464
Huon A	u12	1225	4.58	0.243	0.239	0.264	0.253
Jed B	u12	1225	6.03	0.296	0.281	0.285	0.275
Axel D	u12	1225	6.5	0.335	0.299	0.315	0.298
Ruby A	u14	1800	7.51	0.262		0.319	0.271
Ava A	u16	2450	11.00	0.269		0.324	0.268